



PENNSYLVANIA BAR ASSOCIATION

Conference of County Bar Leaders

Feb. 21-23, 2019 • Nittany Lion Inn, State College

Taking the Trail Less Traveled: Leadership in the Bar Association

I can't imagine anyone thru-hiking the Appalachian Trail and not having that experience change his/her life. And similarly, serving as the president of the Westmoreland County Bar Association was a very rewarding and challenging life experience for me, and I hope your years in leadership will be as well.

Each year, as the members of the CCBL executive team move up in line and get closer to their year as president of CCBL, we think about what we will choose as the theme for our CCBL program. For me, it was an easy choice. I wanted to share my story of hiking the AT and the relevant life lessons I discovered along the way, many of which helped shape my leadership style, elevated my confidence, gave me a deeper appreciation for what is important and just made me a better human being.



James Antoniono, Esq.
CCBL President

When you finally reach the decision that the time is right to embark on your journey into service and leadership at your county bar association, you've no doubt been preparing for years - reading, observing, talking with and learning from others, making plans, setting goals ... much like preparing to hike. And what I learned from both experiences - thru-hiking the AT and serving as Westmoreland County Bar president - is that nothing prepares you for what it will really be like. No hike is the same, and you have to **hike your own hike**. That is the best advice I can share with you: hike your own hike. (We'll talk more about this during the kick-off session Friday morning!)

Of course, preparation is essential. I spent years working out in the gym, taking shorter hikes, learning about equipment do's and don'ts, and benefiting from the experiences and mistakes of those who hiked before me. But the truth is: the only difference that preparation made is that because I was in better shape, the early days were less painful.

We have a great program lined up for you this year, all designed to help make your early days in your county bar leadership "less painful," because leadership is not a trait you are born with; it takes practice. You are going to have successes as well as failures, and you actually will learn **more** through your failures.

Another thing I know for sure is that, along the way, you will meet and get to know people who become lifelong friends. The friends I met on the AT and in my years in leadership at the PBA and Westmoreland Bar Association have been one of the most rewarding parts of the experience. People bond quickly around the common experiences and struggles. They are so willing to share the benefit of their experiences in order to help you. That is a big part of what makes this annual CCBL program so successful.

We look forward to seeing you in February and hope you leave the conference inspired to lead your members - whether hiking into a new less traveled area to blaze new trails or covering familiar paths that help keep our profession grounded.

James Antoniono, Esq.
CCBL President



**Taking the Trail
Less Traveled:
Leadership in the
Bar Association**



PENNSYLVANIA BAR ASSOCIATION

2019 Conference of County Bar Leaders



Thursday

2:30 p.m. – 4:00 p.m.

Change is Easy. Transitions are Hard. Leadership Tips to Successfully Manage Transition in Your Bar Association

Doug Leonard will conduct a 90-minute highly interactive, hands-on working session to demonstrate key behavioral issues that should be accounted for to successfully transition from president-elect to president. Those same principles can be applied to the transition of the executive director (or other key staff) of your bar association. We will also address important work/life balance issues that everyone needs to be aware of and self-manage during their year as president. *CLE credits: 1.5 substantive*

4:15 p.m. – 5:00 p.m.

PABE Meeting – Pennsylvania Association of Bar Executives

Open to all CCBL attendees

5:30 p.m. – 7:00 p.m.

PLAN Reception

8:00 p.m. – 10:00 p.m.

Early Bird Registration

9:00 p.m. – 11:00 p.m.

Welcome Social

Friday

8:00 a.m. – 5:30 p.m.

Registration

8:00 a.m. – 4:30 p.m.

PBA Supermarket and Vendor Fair

8:00 a.m. – 10:00 a.m.

Continental Breakfast

8:30 a.m. – 9:30 a.m.

Hike Your Own Hike

2,180 miles ... on foot ... through 14 states, from Georgia to Maine, beginning April 20 and ending Oct. 9, 2013, just a few days before my 68th birthday. What does this have to do with bar leadership? A lot! I invite you to join me on this journey as we explore the similarities between thru-hiking the Appalachian Trail and being the president of a county bar association and serving in other leadership positions at the local, state and national level. We will talk about lessons and insights that will help us all live a higher quality of life ... professionally, socially and personally.

CLE credits: 1.0 substantive

9:40 a.m. – 10:40 a.m.

Hitting Your Stride: An Overview of Fiduciary Duties, Rules of Procedure and Other Responsibilities of Bar Association Board Members

Whether you are a new director/officer or have had extensive bar association board experience, this seminar will provide the attendee with important information all board members should know. The course will specifically address the fiduciary duties of the board, issues related to proper procedure for conducting meetings, adherence to bylaws, conflict of interest issues and role of the board in relation to the association executive director and staff. This seminar will also touch on issues relevant to bar foundations. Donald W. Kramer, Esq., who has extensive experience with the concerns of non-profit organizations, will lead this program. *CLE credits: 1.0 substantive*

PENNSYLVANIA BAR ASSOCIATION

2019 Conference of County Bar Leaders



Friday

- 9:40 a.m. – 10:40 a.m.** **Trail Magic: Making Sure Membership is an Integral Part of Your Legal Hike**
Preparation for your leadership years is an essential element to success. Join us for an interactive discussion that will provide ideas and strategies to show how membership in your bar association is essential to success in your professionalism, practice and entire legal career. Brainstorm with leaders from diverse groups throughout the commonwealth about how you can provide members with the tools and equipment for a successful journey. Who knows, you may even find some “Trail Magic” in this program!
CLE credits: 1.0 substantive
- 10:50 a.m. – 11:50 a.m.** **Caution! Don't Go Down This Path: Issues That Can Expose You to Professional Liability**
The “Avoiding Legal Malpractice” session is our yearly check-in and reminder about our professional liability policies and coverage and a review of some of the common issues and trends that insurers are seeing in claims. What errors are attorneys making that can get them into trouble and how can we practice defensively to lessen our exposure to liability? This year's live action vignette focuses on an upset client who demands his file “immediately” and a flustered attorney who hands it over, thus beginning a series of unfortunate and preventable errors in judgment that land him in big trouble. Learn from his mistakes and don't go down this path!
CLE credits: 1.0 ethics
- 10:50 a.m. – 11:50 a.m.** **Train Your Brain: Mindfulness Techniques to Improve Your Legal Practice and Your Life**
Part of being a good bar association leader is recognizing and addressing members' needs. Sadly, recent studies show that too many lawyers experience chronic stress and high rates of depression. Chronic stress and trauma create physiological changes in the brain, making it difficult for the mind and body to efficiently and effectively operate. Mindfulness-based techniques are currently the only evidence-based exercises that rehabilitate these physiological changes. Dr. Alexandra Milspaw will summarize this research and explain easy-to-apply exercises that help increase professional success and personal well-being. Bar leaders will learn valuable information from this presentation, which can be brought back to their own associations to help those in need. Having a healthy membership is vital to the future of our associations and profession. *CLE credits: 1.0 substantive*
- 10:50 a.m. – 11:50 a.m.** **The Eager New Hiker and the Veteran Guide**
This program will discuss how to engage young lawyers (who are often faced with competing interests for their time), get them more involved and provide them with leadership opportunities without alienating veteran members who have dedicated years of service to the association. We will discuss potential programming, as well as ways to focus young leaders who do not want to necessarily “wait their turn,” to grow your leadership ranks without losing necessary experience.

**Taking the Trail
Less Traveled:
Leadership in the
Bar Association**



PENNSYLVANIA BAR ASSOCIATION

2019 Conference of County Bar Leaders



Friday

- 12:00 p.m. – 1:15 p.m. Lunch and Awards Presentation**
- 1:15 p.m. – 1:45 p.m. Break and County Bar Recognition Award Photos**
- 1:45 p.m. – 3:00 p.m. Explore New Paths... Community Projects to Engage Your Entire Membership**
Join us as we explore community projects to engage your entire membership. We will learn new ways to enhance public service projects and the pro bono work of your bar association, regardless of its budget or size. We will detail projects that include every generation, practice area and interest. Hear how bar associations are partnering with other organizations and have created new ways to enhance the visibility of their bar and individual members. *CLE credits: 1.0 ethics*
- 3:15 p.m. – 4:00 p.m. No One Can Hike It Alone: The Benefits of Learning from Others**
Attendees will use the ideas and information shared in the previous session to strategize how they can implement programs in their county bar to strengthen and grow the bar association and provide increased, more attractive benefits to their members.
- 3:15 p.m. – 4:00 p.m. YLD Business Meeting**
- 4:00 p.m. – 4:30 p.m. The View from the Top of the Mountain: Finding Strategies That Work**
Attendees will re-convene from their small group breakouts to share with others the insights from their discussions and leave with concrete ideas and strategies they can plan to implement when they return.
- 4:45 p.m. – 5:35 p.m. Hot Topics & Cold Drinks**
- 6:30 p.m. – 11:00 p.m. Dinner and Game Night**

Saturday

- 8:15 a.m. – 9:00 a.m. Hot Breakfast Buffet**
- 8:45 a.m. – 10:30 a.m. CCBL Business Meeting and Passing of the Gavel
Dialogue with the Courts & Legislature**
What are some of the most pressing issues facing the Pennsylvania Supreme Court and Pennsylvania legislature this year? You won't want to miss this opportunity to examine critical issues facing the commonwealth as members of the Supreme Court and the Pennsylvania legislature join together to offer their insights and perspectives. *CLE credits: 1.5 substantive*



The Pennsylvania Bar Institute is approved by the Pennsylvania Supreme Court Continuing Legal Education Board as an accredited CLE provider. The PBA 2018 Conference of County Bar Leaders has been approved by the Pennsylvania Continuing Legal Education Board for up to 7 hours of CLE credits.

*Taking the Trail
Less Traveled:
Leadership in the
Bar Association*

APPALACHIAN
S ← TRAIL → N

REGISTRATION FORM

2019 Conference of County Bar Leaders

Feb. 21–23, 2019 • Nittany Lion Inn, State College

Name _____ Nickname for badge (if appropriate) _____
 Address _____ City _____ State _____ Zip Code _____
 Supreme Court ID number _____ Phone _____ Fax _____ E-mail _____
 Spouse's/Guest's Name (if attending) _____ Spouse's/Guest's Nickname for Badge (if appropriate) _____
 County Bar Office Held _____

- Please check here if you are a first-time CCBL attendee.
 Please check here if you require special services or have any dietary needs. Attach a written description of needs.

REGISTRATION FEE

- \$255 includes up to 7 hours of CLE credit, course materials and all group meal functions.

SESSIONS (included in registration fee, but please indicate all sessions you will be attending)	
THURSDAY	
2:30 p.m. – 4:00 p.m.	<input type="checkbox"/> Change is Easy. Transitions are Hard.
4:15 p.m. – 5:00 p.m.	<input type="checkbox"/> PABE Meeting
FRIDAY	
8:30 a.m. – 9:30 a.m.	<input type="checkbox"/> Hike Your Own Hike
9:40 a.m. – 10:40 a.m.	<input type="checkbox"/> Hitting Your Stride OR <input type="checkbox"/> Trail Magic
10:50 a.m. – 11:50 a.m.	<input type="checkbox"/> Caution! Don't Go Down This Path OR <input type="checkbox"/> Train Your Brain OR <input type="checkbox"/> Eager New Hiker and the Veteran Guide
1:45 p.m. – 3:00 p.m.	<input type="checkbox"/> Explore New Paths
3:15 p.m. – 4:00 p.m.	<input type="checkbox"/> No One Can Hike It Alone OR <input type="checkbox"/> YLD Business Meeting
4:00 p.m. – 4:30 p.m.	<input type="checkbox"/> The View from the Top
4:45 p.m. – 5:35 p.m.	<input type="checkbox"/> Hot Topics and Cold Drinks
SATURDAY	
8:45 a.m. – 10:30 a.m.	<input type="checkbox"/> Dialogue with the Courts and Legislature

SEMINAR PARTICIPANT

Please indicate attendance plans below:

- Thursday Evening Welcome Social
 Friday Luncheon
 Friday Dinner & Game Night
 Saturday Breakfast Buffet

SPOUSE/GUEST TICKETS: (Not a CCBL registrant)

Please indicate attendance plans below and enclose additional fees:

- Friday Luncheon\$30 each
 Friday Dinner/Entertainment\$90 each
 Saturday Breakfast Buffet.....\$25 each

TOTAL DUE:\$ _____
Less Registration Fee Discount for Unit Counties-\$50.00
<i>Maximum of 3 discounts per county</i>
TOTAL AMOUNT ENCLOSED\$ _____

Photography Disclaimer: The PBA takes photographs and video-tapes programs for later use. By being present during PBA activities, you consent to use of your appearance or likeness by the PBA and its licensees, designees or assignees in all media, worldwide, in perpetuity. Questions or concerns should be directed to the PBA Communications Department at 800-932-0311 or at communications@pabar.org.

My check payable to PBA is enclosed. Or charge my: Master Card VISA AMEX Discover
 Account # _____ Exp. Date _____ Authorized Amount _____
 Billing Address _____
 Signature: _____ Date _____

HOTEL RESERVATIONS

The PBA has reserved a block of guest rooms at the Nittany Lion Inn over the conference dates. Guest room reservations can be made directly with the hotel by calling 800-233-7505 and referencing the Group Code PBAB19A before Friday, Jan. 18, 2019. Or, click on the following link: [booking link](#).

CANCELLATION POLICY: The conference registration deadline is Jan. 28, 2019. After that date, all registrations will be accepted on a space-available basis. Written cancellations must be received before the close of business on Jan. 28, 2019. Upon receipt, a refund will be issued minus a \$75 administrative fee. No refunds will be issued after Jan. 28, 2019.

Register online or return completed registration form and payment by Jan. 28, 2019 to:

PBA Meetings Department, P.O. Box 186, Harrisburg, PA 17108-0186 or fax credit card registration to 717-213-2507.

Registrations will not be processed without payment.

For more information please contact Missy Hepfer at Missy.Hepfer@pabar.org or call 800-932-0311 x2245.