Please join us on Monday, May 4, at noon, for Part Two of an interactive program via Zoom about how to deal with stress, isolation and fear during the COVID-19 pandemic, its impact on attorneys and concerns about returning to work. During this brown-bag lunch session, Brian S. Quinn from Lawyers Concerned for Lawyers will lead a discussion to promote lawyer well-being during these troubled times.

The program is co-sponsored by the PBA Quality of Life Committee, the COVID-19 Task Force and the Commission on Women in the Profession.

Part Two will discuss:

1. Dealing with stress, isolation and fear created by the pandemic, as well as anxiety with returning to work, going to court, leaving one’s home.
2. A close look at what barriers exist that prevent lawyers and judges from seeking the help they need.
3. Ethical challenges associated with stress, anxiety and associated isolation.
4. The role that education plays in breaking the stigma and fear associated with attorney wellness in the legal profession.
5. What role the PBA and Lawyers Concerned for Lawyers provides to lawyers, judges, their family members and law students, all of which are still fully available during the Coronavirus epidemic.

Topic: QOL Program Part II
Time: May 4, 2020 12:00 PM Eastern Time (US and Canada)

Join Zoom Meeting
https://zoom.us/j/92906087285?pwd=Z0oza1ZwSDiTZVF4bk9wUm9HQXhqQT09
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