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Quality of Life/Balance Committee Seeks PBA Member Input Via New Listserv

The PBA Quality of Life/Balance Committee has launched an association-wide listserv titled Let's Really Talk about Quality of Life. The goal of the listserv is to encourage dialogue among PBA members about the challenges of maintaining a healthy balance between lawyers' personal and professional lives.

To launch the listserv, committee Chair Karen J. Vaughn and Vice Chair Shira Goodman are encouraging PBA members to sign up for the listserv and to read and provide feedback to a recently published article.

To sign up, go to the listserv form at www.pabar.org/public/listservform.asp. Just fill in the required information and under the **Other** category at the bottom of the page check the box titled **Let's Really Talk about Quality of Life**. Then click the **Submit** button. Access to the listserv will be provided within 48 hours of submitting the form.

The article, titled "Virtual Escape," is from the *ABA Journal* and is posted at www.abajournal.com/magazine/article/virtual_escape/. After reading the article, send an e-mail to TalkQOL@list.pabar.org to share your personal experiences about how you connect with your law practice — or don't — while away on vacation.